

ELECT

JESSICA PEREZ

FOR SU POSTGRADUATE OFFICER



Hi, I'm Jess and I want to represent you, the postgraduate students of TU Dublin. Please vote for me in the upcoming election.

As postgraduate officer I can give you a voice at the Governing Body, Academic Council and the Postgraduate Research Board. I am passionate about improving the lives and college experience of PG students and aim to focus on the following three key areas:

BUILDING THE POSTGRADUATE COMMUNITY

Being a postgrad can be a solitary experience, I want to build a community of students to socialise and support each other, especially in the wake of the pandemic where a lot of students have become isolated. I aim to organise PG events and improve the communication channels between the SU, the students and the University.

WELFARE AND MENTAL HEALTH

Being a postgrad can be very stressful and a disproportionate number of PG students suffer from mental health issues as a result.

I want to encourage discussion in this area, to normalize it so students know that it is not unusual and they are not alone.

I also aim to promote the welfare and mental health supports available in TU Dublin so students know where to get help when they need it.

RESOURCES

Being a postgrad means you are training and becoming an expert in your field. Your time is valuable but so much of our time goes to finding the resources we need to become those experts.

I want to create a system for you to have the knowledge and information to get those resources quickly and efficiently. I aim to provide a structure for contact information of people that current postgrads have found essential in providing the resources for their work so your time can be spent getting and using the resources rather than finding them.